



Carlton Baths

PAA 2019 Programming

The following is a summary of inclusions and exclusions of activities available as part of your PAA offer. For more information, please visit your friendly staff at the front desk.

Activity	Description
Group Fitness Classes	CX Worx – 8pm Monday and 8pm Thursday.
Stadium	01/04 – 7am-8am – BEEP TEST 01/04 – 1pm-3pm – BASKETBALL 08/04 – 1pm-3pm – VOLLEYBALL 15/04 – 1pm-3pm – BADMINTON 22/04 – 1pm-3pm – FUTSAL 29/04 – 6am-7am – BEEP TEST