

Pathway to becoming a Gymnastics Instructor at the Y!

Whether you're teaching recreational gymnastics, team gym, advanced skills or competitive gymnastics, part time, full time or casual – there's a pathway for everyone! As a Gymnastics Coach at the Y you will gain lifelong skills not just in understanding movement, biomechanics and training physical abilities, but in class management, leadership, communication, planning, adapting teaching methods to suit learning styles, risk management – and so much more.

How do I get started?

To secure a job as a gymnastics coach you will need at least one gymnastics related qualification, however you do not need any coaching or Gymnastics experience. The Beginner Coach Accreditation is the place for you to start and is made up of 2 components; an online course and a full-day face to face practical. Once you complete this course you are able to coach any gymsport under supervision. You need to be a minimum of 15 years of age to enrol in the beginner course.

After completing the Beginner course you can choose to progress through the range of levels and qualifications. These levels include Beginner, Intermediate, Advanced or Advanced Silver. If you hold a current level 1 qualification in another sport and/or certain university degrees you may be able to go straight into the intermediate course with recognition of prior learning.

This is everything you will need to be successful as a Gymnastics Coach:

Beginner Coach
Accreditation

First Aid & CPR
Certificate/s

Working with
Children Card

Gymnastics Aus
technical membership*

Where can I work?

The YMCA Victoria operates a number of gymnastics schools across the state, offering a range of programs from crawling babies, toddlers, school age kids, teenagers and adults preparing for gymnastics competitions.

You can view all of our available roles [here](#) or click on the below links to find out more about your local club.

[Bellbird Park Indoor Centre](#)

[Berwick Leisure Centre](#)

[Boroondara Sports Complex](#)

[Casey Stadium](#)

[Endeavour Hills Leisure Centre](#)

[Macleod Recreation & Fitness Centre](#)

[Moonee Valley YMCA Gymnastics Club](#)

[Phillip Island Leisure Centre](#)

Where to from here?

1. Reach out to your local YMCA Gymnastic Club or view our available roles [here](#).
2. Apply for your Working with Children Card [here](#).
3. [Enrol](#) in a First Aid & CPR course. There are many providers.
4. Click [here](#) to enrol in the Beginner Gymnastics Coach course.

Helpful contacts and links:

- YMCA Victoria Careers: <https://victoria.ymca.org.au/staff-and-volunteers/careers>
- Gymnastics Australia: <http://www.gymnastics.org.au/>
- Gymnastics Victoria: <http://vic.gymnastics.org.au/>
- Gymnastics Victoria coaching pathway: <https://www.studygym.com.au/coaching>
- Gymnastics Victoria course enrolment portal: <https://www.studygym.com.au/copy-of-coaching-course-calendar>